



ANGEL  
\* BEACH \*  
*Unawatuna*

# EXCURSIONS



CHILL SIP SWIM GROOVE



## *Things to do in our area*

We have put together a few suggestions of excursions and day trips around Unawatuna and Galle, as well as beyond the Southern Province. Our Front Office team have also added some of their suggestions and tips for the more unique experience within a stone's throw of our property. These are only a few of the many incredible wonders our island has to offer. If you can't find the perfect trip for you, do get in touch with our reception desk for a more tailor-made adventure.

For more information our excursions and packages dial extension: 0.



# Day Trip 1

## Spend The Day In Unawatuna

Reservations and for more information please contact:  
info@angelbeachclub.com | +94 76 141 6775 | +94 91 785 7857

### Highlights of the Itinerary

Duration: 3,5 Hours Sightseeing Activity including transportation

Unawatuna, a vibrant coastal location, offers a mix of historical sites and culinary delights. With its golden sand beach, it is a haven for beach lovers. Explore Rumassala Hill for breathtaking views. Visit the Japanese Peace Pagoda, a symbol of peace and unity. Lastly, take a refreshing dip in Jungle Beach, a secluded spot perfect for swimming and snorkeling. Unawatuna promises a memorable day filled with natural beauty and cultural experiences.

- 1- Rumassala Hill
- 2- Japanese Peace Pagoda
- 3- Jungle Beach



# Day Trip 1 - Insight

## Spend The Day In Unawatuna

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Unawatuna is one of the most buzzing locations in the South Coast. With an array of incredible and mysterious historical sites, as well as delicious restaurants, cafes, markets, and more. Unawatuna is a golden sand beach with a fantastic surf break, and over 10 diving spots nearby. We'll take you to the best sightseeing spots in Unawatuna, or simply a stroll up and down Beach Road. Some spots we recommend include:

### RUMASSALA HILL

Located on the famous Unawatuna peninsula, Rumassala Hill is a massive hill which seems oddly out of place when taking the surrounding landscape into consideration. Legend details that during the Rama – Rawana war Rama's brother Luxhmana, was injured and Hanuman was sent to the Himalayas to fetch medicinal herbs. Hanuman forgot the name of the herb, but he brought a chunk of the peak containing many herbs. However, the mountain fragment slipped and broke into five pieces of which one fell to Rumassala. Climbing to the top of Rumassala Hill gives you one of the most scenic views of the island.

### JAPANESE PEACE PAGODA

The Peace Pagoda positioned on Rumassala Hill, overlooking Galle Fort, is a beacon of peace for people of all races and creeds. Built by Japanese Buddhist monks over 15 years ago, with the intention was to build pagodas in areas of conflict around the world, and unite all people in their search to bring world peace. It is recommended to dress modestly out of respect whilst visiting the pagoda.

### JUNGLE BEACH

Only a short drive from the popular Unawatuna Beach is a small alcove of Jungle Beach. Pristine sand and clear sparkly waters enables great snorkelling vision. Stop by on your way back to Angel Beach with a jump in the ocean to cool down after a tour around Unawatuna.



# Day Trip 2

## Exploring Galle Fort by Foot

Reservations and for more information please contact:  
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Highlights of the Itinerary

Duration: 3,5 Hours Cultural Tracking Activity including transportation

Embark on this foot exploration of Galle Fort to immerse yourself in its rich history, diverse architecture, and cultural treasures. From churches to museums, lighthouses to mosques, each stop offers a unique glimpse into the vibrant past and present of this UNESCO World Heritage Site.

- 1- The Dutch Reformed Church
- 2- Galle National Museum
- 3- The Historical Mansion
- 4- Galle Fort Lighthouse
- 5- National Maritime Museum
- 6- Meera Mosque



## Day Trip 2 - Insight

### Exploring Galle Fort by Foot

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Galle, 119km from Colombo, is a major coastal area situated at the tip of the South Western coast of Sri Lanka, with amazing hot and humid weather and an abundance of beautiful beaches in the nearby vicinity. Our tour of the Galle Fort explores this magnificent UNESCO World Heritage Site, which contains a unique mix of Dutch, Portuguese and British history. It is said to be the island's last major link to its colonial past - with the many Portuguese and Dutch remains in the area. The Fort gives you colonial and historic charm with an eclectic range of low rise European architecture across a lace of narrow lanes and alleyways. While you tour the Galle Fort, be sure to cover some of the important highlights within it such as the thick-walled ramparts which withstood the 2004 Boxing Day tsunami. You will be able to explore a variety of historic sites listed below, as well as a plethora of cafe's, restaurants, vintage shops, chic boutiques and art galleries.

#### THE DUTCH REFORMED CHURCH

While at the Galle Fort, make your way to the Dutch Reformed Church. Originally built in 1640, the present building dates from 1752. Its floor is paved with gravestones from Dutch cemeteries, while other impressive features of the iconic landmark includes the organ and an imposing pulpit made from calamander wood and topped by a grand hexagonal canopy. While there, you may encounter the friendly caretaker who will likely point out the carved wooden memorial dedicated to a former Commander of Galle, Abraham Samlant.

#### GALLE NATIONAL MUSEUM

Making your way through the Galle Fort you are sure to come across the Galle National Museum. This den of history is located in the oldest Dutch building within the Fort premises. The museum was opened to the public on 31st March 1986 and houses a wide range of archaeological and anthropological objects inherited in the Southern region. You will also find a collection of traditional masks used in various rituals, a collection of ornamental objects made up of turtle shells, ancient wooden carvings and a beeralu collection, among many more ancient artefacts.

#### THE HISTORICAL MANSION

Another gem of a tourist attraction at Galle Fort is the privately-owned museum in the Galle Fort. This is one spot which draws attention from travellers from all over the world. The Historical Mansion Museum reflects the distinct essence of Southern Sri Lanka and exhibits a collection of miscellaneous items ranging from colonial artefacts to other antiquities. When there you will also witness a gem shop where you will be able to witness live embroidery presentations as well as the process of cutting and polishing magnificent sapphires. The highlight of the entire mansion has to be the central courtyard – here you will be able to see various stone sculptures, Chinese porcelain items and several objects from the colonial past.



## GALLE FORT LIGHTHOUSE

As you walk to the southern end of the Galle Fort, you will stumble across The Galle Fort Lighthouse which is one of the oldest lighthouses in the country. It was initially built in 1848 during the British colonial period and then was rebuilt in 1939. The lighthouse is an exemplary masterpiece by the renowned architect, Geoffrey Bawa and has been listed as a UNESCO World Heritage Site. As you make your way to the top of the lighthouse, you are able to have a panoramic view of the complete area and Indian Ocean, making this a prime spot for travellers, who prefer an evening stroll.

## NATIONAL MARITIME MUSEUM

Another iconic landmark located within the confines of the Galle Fort is the National Maritime Museum. This museum is housed in a cavernous warehouse built by the Dutch all the way back in 1671 and is a site for many a traveller. It serves as a knowledge centre for the country's rich history of seafaring and its marine bio- diversity, with interesting exhibits from both aspects. As you continue to explore the museum you will also see a collection of traditional wooden craft from various designs and even a model of a typical trading ship used by the Dutch East India Trading Company.

## MEERA MOSQUE

Built in 1909, this is the main and biggest mosque of Galle. Here, you will witness, its impressive white walled structure alongside the ocean. The mosque is also a testament of the multi-cultural society within the walls of the Galle Fort and is a landmark which is truly beautiful. The décor of stained glass on the inside, mixed with picturesque tiles on the floor paves the way for a gorgeous interior.



# Day Trip 3

## A Day Trip To See The Essentials

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### Highlights of the Itinerary

Duration: 6 Hours Nature Exploration Activity including transportation

Immerse yourself in the lush greenery of Sinharaja and Kanneliya Rainforests, where you can discover a diverse range of flora and fauna. Visit the serene Yatagala Raja Temple, known for its unique rock formations and spiritual ambiance. Experience the art of tea-making at Handunugoda Tea Estate and indulge in a tea tasting session amidst picturesque surroundings. Embark on these adventures to connect with nature, spirituality, and the rich tea heritage of Sri Lanka.

- 1- Sinharaja/Kanneliya Rainforest
- 2- Yatagala Raja Temple
- 3- Handunugoda Tea Estate





## Day Trip 3 - Insight

# A Day Trip To See The Essentials

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A trip to Sri Lanka is not complete without visiting a rainforest, temple, or tea plantation. Spend the day visiting the most breathtaking locations in the Galle area, from rainforest and waterfalls to ancient temples, as well as the famous White T as well as the famous White Tea Factory.

### SINHARAJA / KANNELIYA RAINFOREST

Take a walk in nature in the UNESCO biosphere of Kanneliya and UNESCO World Heritage Site of Sinharaja rainforest. Both tropical rainforests are rich in biodiversity, some found only in Sri Lanka, with over 50% of Sri Lanka's endemic species of mammals, butterflies, insects, reptiles and amphibians. Either of these rainforests are fantastic sites for nature lovers and adventurers.

### YATAGALA TEMPLE

Also known as the 'rock temple', Yatagala is rumoured to be founded back in the Anuradhapura Kingdom time. Built on the top of a mountain with ginormous boulders and rocks to form a cave-like worship place, Yatagala is one of the most breath-taking temples to visit. Please note the rules listed at the entrance of the temple as well as respectable clothing must be worn. There may be a man asking for guests to purchase an entrance ticket.

### HANDUNUGODA TEA ESTATE

Take a drive along the foothills of Ahangama and you will see the famous Virgin White Tea Factory, Handunugoda. Surrounded by an evergreen forest in the Southern Province, you can sample and learn how the factory produces over 25 varieties of tea, including award-winning teas such as Ceylon Souchong, Sapphire Oolong, Flowery Camellia and the fabled Virgin White tea.



# Day Trip 4

## Whale Watching Adventure

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Highlights of the Itinerary

Duration: 6 Hours Boat Tour including transportation

Embark on an unforgettable whale watching experience in Sri Lanka aboard a catamaran. Cruise along, keep an eye out for majestic whales as they breach and dive. A catamaran whale watching tour in Sri Lanka promises an awe-inspiring adventure that will create lasting memories.

Sri Lanka is the home to the largest Blue Whale colony in the world. The island provides an ideal location to watch these majestic creatures in their own natural habitat. If you are visiting Sri Lanka during the months of December to April, then this is an excursion you must experience. We recommend a whale watching trip by air or catamaran, to have the least amount of disturbance to these incredible creatures.

1- Whale watching by boat



# Day Trip 5

## Water Sports

Reservations and for more information please contact:

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Highlights of the Itinerary

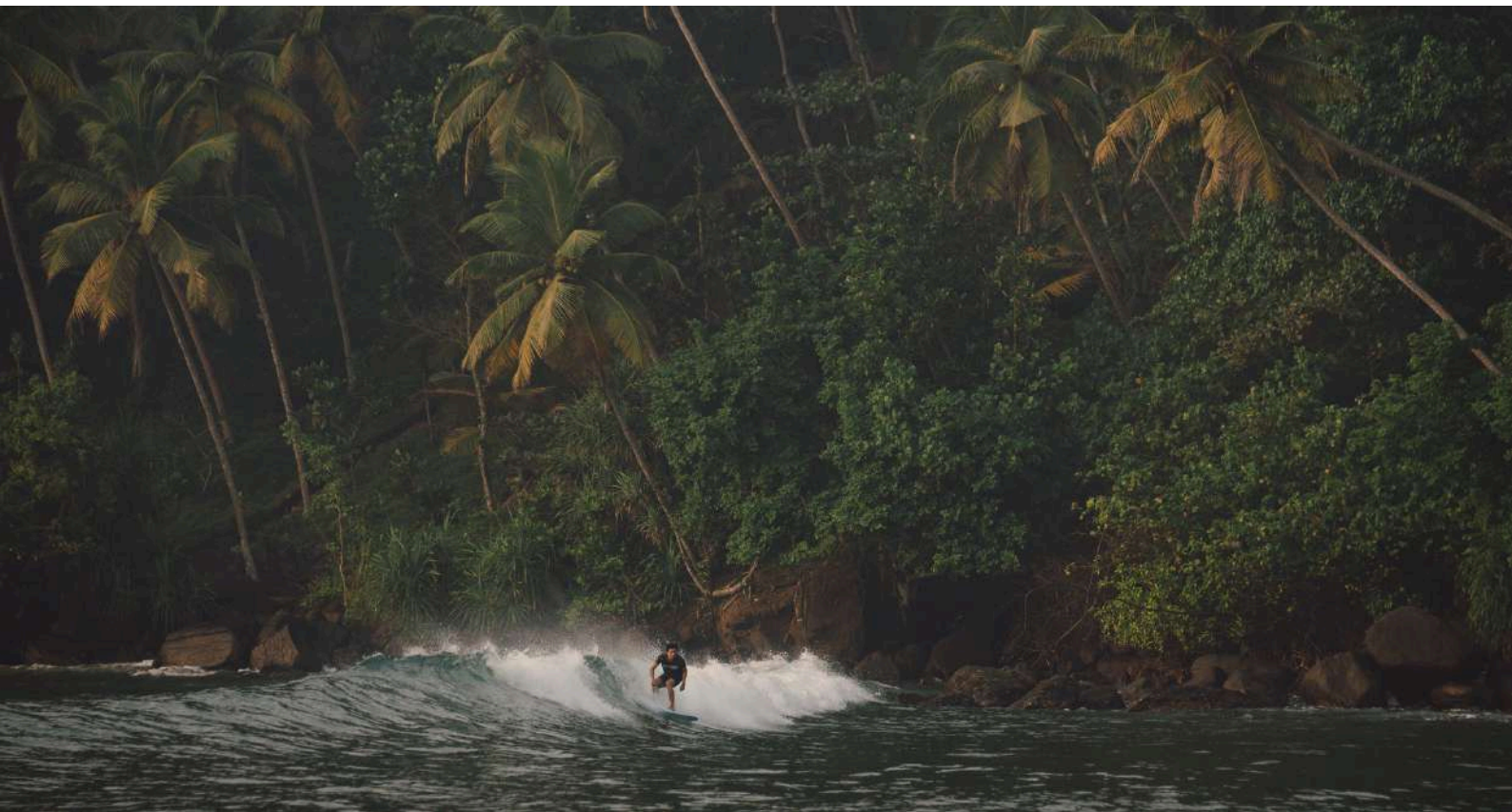
Duration: 2 Hour Diving, Snorkelling or Surfing including transportation

Make the most of Sri Lanka's island location by indulging in thrilling water sports. Dive and snorkel explore the vibrant coral reefs and diverse marine life. For surf enthusiasts, the South Coast offers a range of surf beaches suitable for all skill levels, with experienced instructors available for surf lessons. Whether you choose to discover the underwater world or catch the perfect wave, a day of water sports in Sri Lanka promises excitement and adventure.

1- Diving

2- Snorkelling

3- Surfing



## Day Trip 5 - Insight Water Sports

One of the main advantages with Sri Lanka being an island is that we have water all around us with sandy beaches to match. Enjoy some fun water sports to get your adrenaline going.

### DIVING AND SNORKELLING

If you have a liking for the deep blue, then diving and snorkelling in Sri Lanka is an experience you have to take part in. As you venture out into the sparkling waters across the island you will witness a world of its own and see abundant species of coral, along with many species of fish who call Sri Lanka home. In some parts of the island, you can even witness shipwrecks close to the coast providing a unique experience to diving enthusiasts.

### SURFING

We are spoilt on the South Coast for an abundance of surf breaks. Suitable for beginners, intermediate, or advanced, enjoy a surf lesson in a location best fit for your skill level. We highly recommend a surf lesson from one of the Unawatuna Surf Club instructors. All instructors in the Surf Club have their necessary Water Safety and Instructor Licences. Please contact reception to organise a lesson! Dewata surf break boasts amazing waves nearly all year round, or Rams in Kabalana for those adrenaline surf junkies!! Boards & transport will be provided, so just bring your swimwear & sunscreen (available in our shop at reception).



# Day Trip 6

## National Park Safaris

Reservations and for more information please contact:  
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### Highlights of the Itinerary

Duration: 5 Hours National Park Safari Tour (One National Park) including transportation

Embark on an exhilarating day trip to explore Sri Lanka's most renowned national parks: Yala National Park and Udawalawe National Park. Immerse yourself in the natural beauty and wildlife wonders of these national parks for an unforgettable day trip experience.

Discover the diverse wildlife and stunning landscapes as you venture into Yala National Park, known for its population of leopards, elephants, and other fascinating animals.

Safari adventure at Udawalawe National Park, where you can witness herds of elephants and a variety of bird species.

1- Yala National Park

2- Udawalawe National Park



## Day Trip 6 - Insight National Park Safaris

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### YALA NATIONAL PARK

Yala National Park (also known as Ruhunu National Park), is well recognised as one of the best parks in the world to observe and photograph leopards, the dominant carnivore in the park. So if you have a liking for picturesque surroundings of nature and are a photography fanatic, then this is one location you must visit on your holiday. The park is said to have one of the highest densities of leopards in the world. Yala consists of scrub jungle, brackish lagoons and stunning rock monoliths scattered throughout the park. The eastern boundary is the coastline. The Park covers an area of over 100,000 hectares and is divided into five blocks.

### UDAWALAWE NATIONAL PARK

Udawalawe National Park is world famous for its Asian elephants. The park is one of the best places in Sri Lanka to see wild elephants in all their glory. Here, you will be able to see complete herds of elephants bathing, playing in the water or feeding.



# Day Trip 7

## Koggala Lake

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Highlights of the Itinerary

Duration: 2,5 hours of lake tour including transportation

Koggala Lake and the surrounding foreshore is the perfect destination for nature lovers, adventurers and health and wellness travellers. Rich in biodiversity and the area is still generally undiscovered by tourists, a perfect balance between discovery and luxury. Enjoy a boat tour to explore the numerous little islands dotted around the lake – Cinnamon Island, Bird Island, Spice Island, Temple Island, and the enchanted Madol Doova. As dusk falls, you will see the twinkling from the fishermen's canoes as their lanterns light up the lake, and if you're lucky you might spot a crocodile!

1- Koggala Lake (Cinnamon Island, Bird Island, Spice Island, Temple Island, Madol Doova)



# Day Trip 8

## Bike & Motorbike Tour

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Highlights of the Itinerary

Duration: 1,5 hours of bike or motorbike tour including transportation

Embark on a journey around the island's most scenic roads by bike or Royal Enfield motorbikes. For our cyclists or sporty guests, choose between a 1.5-hour paddy ride, or bespoke off-the-beaten-track tour, with a designated guide that will take you to some of the most beautiful locations inland or for Enfield enthusiasts, enjoy a loud, hearty tour from Galle to visit waterfalls, plantations, paddies, or more.

1- Bicycle Tour

2- Motorbike Tour





# Day Trip 9

## Cooking Demonstrations

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Highlights of the Itinerary

Duration: 1,5 hour of local gastronomic experience including transportation

If you can't get enough of the delicious aromas from Sri Lanka's traditional rice and curry, why not learn the skills and techniques used to cook it from home? Travel with one of the Head Chefs at Angel Beach to the markets in Galle and discover the exotic vegetables, spices, and fresh seafood caught that morning. A cooking demonstration will take place back at Angel Beach, and you'll be able to enjoy your very own 'home-cooked' meal!

1- Cooking Demonstration Session with Angel Beach Chef



# Day Trip 10

## Rest, Relax & Pamper

Reservations and for more information please contact:  
info@angelbeachclub.com | +94 76 141 6775 | +94 91 785 7857

Highlights of the Itinerary

Duration: 1 hours of massage or yoga session

### MASSAGE

Although we do not have a spa on site, we have a selected number of massueses from our area both foreign and local that are able to set up inside the rooms.

### YOGA

Experience the ultimate indulgence of a yoga retreat in Sri Lanka, where you can immerse yourself in the practice of yoga and treat yourself to rejuvenating sessions. Discover serenity as you engage in mindful movements, deep stretches, and calming breathwork amidst the tranquil surroundings. Whether you are a beginner or an experienced yogi, a yoga retreat in Sri Lanka offers the perfect opportunity to reconnect with your body, mind, and spirit. Allow yourself the pleasure of a transformative yoga session and embrace the blissful benefits it brings. Yoga sessions in the Angel Beach garden can be scheduled by prior request.

1- Massage

2- Yoga



# Recommended by our team

The below activities can be combined as a day trip to discover the hidden gems of our area. Each of these activities have been handpicked by our team out of their inside knowledge and love of our picturesque location. We recommend this tour for travellers who seek a more immersive experience with local communities.

## 1. SWIM WITH TURTLES ON MIHIRIPENNA BEACH

Mihiripenna beach is just after the rope swing in Dalawella, and only a short walk down the beach. It is the perfect spot for sunbathing and relaxing with a book. If you're on the lookout for a picturesque beach with turquoise waters and white sand, then you've found it. There is a natural 'lagoon' formed and enclosed via a coral reef, home to many turtles. If you do visit these beautiful animals, please do not disturb them in their habitat and watch them for afar!

The turtle sanctuaries in the area are a must see. Turtles are usually saved from plastic and other human-based stuff that causes them to get stuck. You can see turtles missing legs, or shells are broken etc, all of which are being rehabilitated. It's like a little hospital for turtles! If you're lucky you might get to see some baby turtles.



## 2. VISIT THE DOG CARE CLINIC

This is one of the more unique things to do in our area. It's one of the only self-funding rescue centre for street dogs in Sri Lanka. You get to meet some unique Sri Lankan street dogs, and of course lots of puppies. It's only about a 1km trip from Angel Beach, and a beautiful drive inland.

## 3. THALPE BEACH ROCK POOLS

Thalpe Beach is one of the most popular beaches on Sri Lanka's south coast and unlike any beach you've ever visited before. What makes Thalpe Beach so unique are the rectangular rock pools carved into the long-dead coral reef at the shoreline that was once used by fishermen.

## 4. DALAWELLA ROPE SWING

We've all seen it: the iconic picture of Unawatuna. The "coconut swing" at Dalawella beach are our neighbours, only a 350m walk down the beach from us. You can spot people swinging into sunset from our property.





## *Around the island*

Our island is the ideal place to lose and find yourself. Unravel the mysteries behind ancient ruins, spend your day building sandcastles on a golden beach or dive into the island's wilderness. These are only some of our suggestions, but there are an endless amount of magical places to visit. Our Front Office team are happy to offer more suggestions.



## ARUGAM BAY

One of the more unique areas to visit, Arugam Bay is located on the East Coast of Sri Lanka in the dry zone. Known for its laid back vibes, great coffee shops, parties and surf. There are many surf breaks located in Arugam Bay itself, as well as neighbouring areas, for beginners to advanced. The town borders Kumana National Park, next to Yala, as well as the ancient Kudumbigala Monastery. It is recommended to visit during May to October to ensure the best waves and weather.

## ELLA

For those who need a bit of a break from the salty breeze and humidity, Ella is a great choice. Boasting a range of activities and things to do from visiting Ravana's cave, the Nine Arches Bridge, zip-line through the hills, to treks up Little Adam's Peak or swimming in waterfalls. Ella is a small but buzzing tourist town full of fantastic bars, restaurants and shops.

## KANDY

Discover the most revered city on the island. Dive into the hub of Sri Lanka's culture, history and heritage. Towered by lush mountains of rugged forest and tea plantations, Kandy lies nestled on a plateau in the central highlands of Sri Lanka. Visit the holiest temple on the island, Sri Dalada Maligawa; also known as the Temple of the Sacred Tooth Relic, believed to hold a sacred tooth relic of Lord Buddha and worshipped by Buddhists around the globe. Walk through the scented pathways of The Royal Botanical Gardens of Peradeniya and admire the vibrant variety of flora that thrives within the park. Trek through Udawattakele Forest Reserve, located right above the Royal Palace as you unravel the secrets and legends behind the city of Kandy and history.



## KATARAGAMA

Embark on a journey to experience Sri Lankan religion and culture by visiting the pilgrimage town of Kataragama. This town is one that is sacred to Buddhists, Hindus and Muslims and is the home of a sylvan shrine dedicated to God Skanda. During the month of July/August the town comes alive for its annual festival where a large number of individuals from different religions converge to take part in the festivities, letting you experience the festival as well.

## NUWARA ELIYA

Escape to the hills of the island and embrace the serenity of Nuwara Eliya. Surrounded by lush highlands of tea estates and rich forests, Nuwara Eliya is a popular little town in Sri Lanka idyllically located at the base of a mountain. Walk through the quiet streets or admire the famed cascading waterfalls as it adds a stark contrast against the verdant backdrop of peaked silhouettes. Enjoy a warm cup of freshly brewed Ceylon tea in a blossoming, colourful garden or trek to the tallest peaks in the area. The town is blessed with a colder climate, compared to other parts of the country. The climate also plays a major role in producing fresh vegetables and fruits that are only found in colder parts of the world. Many of the existing buildings and structures carry heavy influences and designs from the British era.

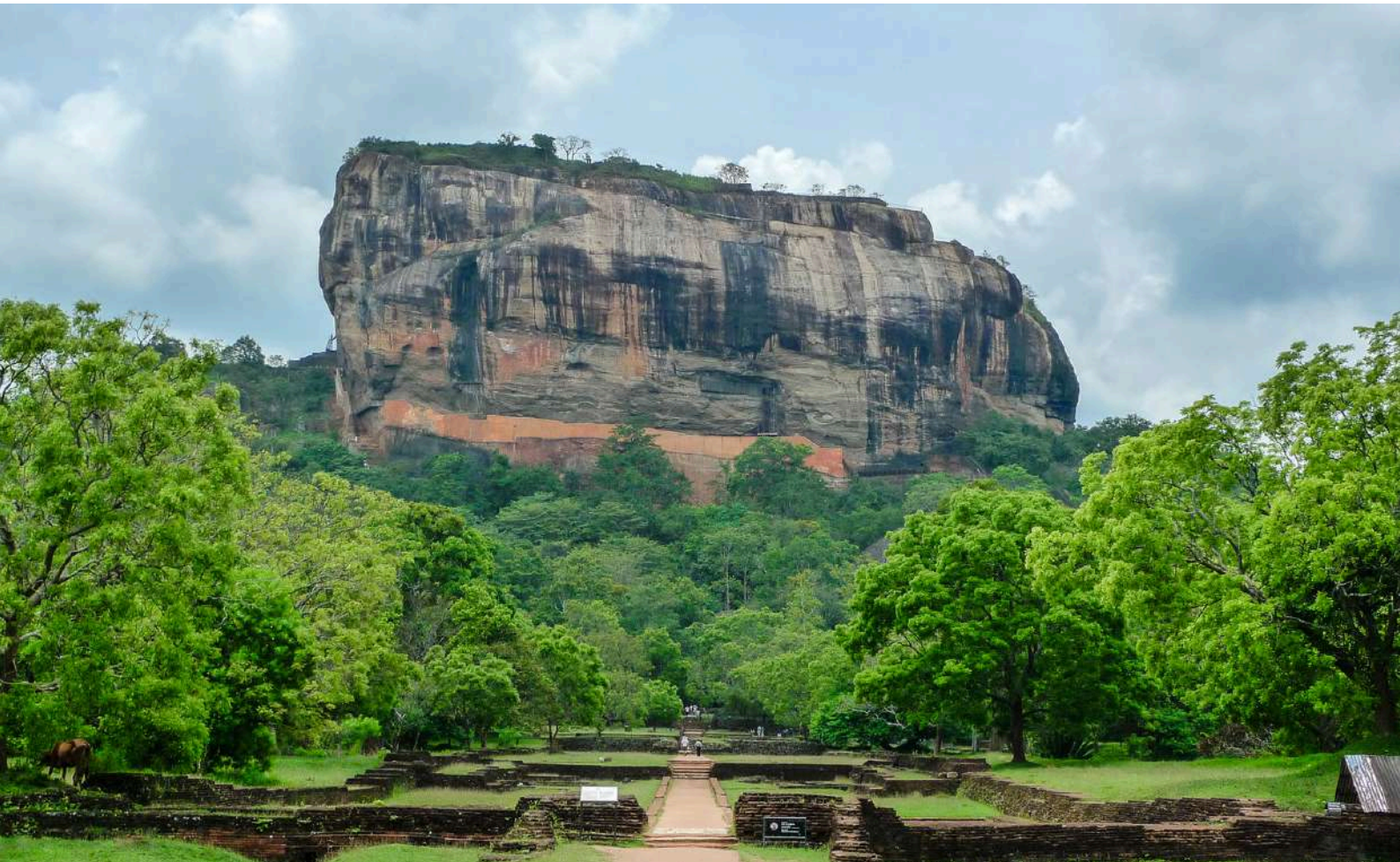


## RATHNAPURA

Rathnapura is the city of gems in South Western Sri Lanka at the foot of Adam's Peak, and if you are a lover of all things sparkling, then it is definitely a place that you should visit on your holiday. The city is famed for its exotic gem collection and for owning one of the oldest pathways up Adam's Peak. Back in the day, Rathnapura was famously known as a trading centre for its wealth of gems.

## SIGIRIYA

Sigiriya is another UNESCO World Heritage Site found in Sri Lanka and was once nominated as the 8th Wonder of the World. Called by many names including "The Lion Rock" for its initial name of "Sinhagiri", Sigiriya is located near the town of Dambulla and is a colossal column of rock nearly 200m high. It was a royal citadel for 10 years when fortified by an ancient King of Sri Lanka. When visiting this iconic landmark, pay very close attention to the architectural and irrigational technologies of Sigiriya, such as the Water Gardens – this is something that to this day baffles modern engineers.





LET'S GET IN TOUCH



OCEAN BREEZE  
AND PALM TREES

*Angel Beach Unawatuna*

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